

The Twelfth Sunday after Trinity

Proper 16

23rd August 2026



StMARY *with* StALBAN

PARISH CHURCH of TEDDINGTON

THE GATHERING

As the bell rings, the ministers enter the church in silence

✠ We meet in the name of Jesus Christ, who died and was raised to the glory of God the Father. Grace and mercy be with you.

All and also with you.

HYMN (604)

1. Brother, sister, let me serve you,
let me be as Christ to you;
pray that I may have the grace
to let you be my servant too.

2. We are pilgrims on a journey,
and companions on the road;
we are here to help each other
walk the mile and bear the load.

3. I will hold the Christ-light for you
in the night-time of your fear;
I will hold my hand out to you,
speak the peace you long to hear.

4. I will weep when you are weeping;
when you laugh, I'll laugh with you;
I will share your joy and sorrow
till we've seen this journey through.

5. When we sing to God in heaven,
we shall find such harmony,
born of all we've known together
of Christ's love and agony.

6. Brother, sister, let me serve you,
let me be as Christ to you;
pray that I may have the grace
to let you be my servant too.

PRAYER OF PREPARATION

All Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen

SUMMARY OF THE LAW

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.' There is no other commandment greater than these. On these two commandments hang all the law and the prophets.

All Amen. Lord, have mercy.

PRAYERS OF PENITENCE

My brothers and sisters, as we prepare to celebrate the presence of Christ in word and sacrament, let us call to mind and confess our sins.

All Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

Almighty God, who forgives all who truly repent, have mercy upon you, ✠ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.
Amen

GLORIA IN EXCELSIS – *The Addington Service by Richard Shephard*

All Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen

THE COLLECT FOR THE WEEK

The Collect is said after a short period of silence

Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire or deserve: pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid and giving us those good things which we are not worthy to ask but through the merits and mediation of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

THE LITURGY OF THE WORD

THE FIRST READING – *Isaiah 51.1–6, read by a member of the congregation*

Listen to me, you that pursue righteousness,
you that seek the Lord.

Look to the rock from which you were hewn,
and to the quarry from which you were dug.

² Look to Abraham your father
and to Sarah who bore you;
for he was but one when I called him,
but I blessed him and made him many.

³ For the Lord will comfort Zion;
he will comfort all her waste places,
and will make her wilderness like Eden,
her desert like the garden of the Lord;
joy and gladness will be found in her,
thanksgiving and the voice of song.

⁴ Listen to me, my people,
and give heed to me, my nation;
for a teaching will go out from me,
and my justice for a light to the peoples.

⁵ I will bring near my deliverance swiftly,
my salvation has gone out
and my arms will rule the peoples;
the coastlands wait for me,
and for my arm they hope.

⁶ Lift up your eyes to the heavens,
and look at the earth beneath;
for the heavens will vanish like smoke,
the earth will wear out like a garment,
and those who live on it will die like gnats;
but my salvation will be for ever,
and my deliverance will never be ended.

This is the word of the Lord,

All Thanks be to God.

THE SECOND READING – *Romans 12.1–8, read by the subdeacon*

I appeal to you therefore, brothers and sisters, by the mercies of God, to
present your bodies as a living sacrifice, holy and acceptable to God, which

is your spiritual worship. ²Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. ⁴For as in one body we have many members, and not all the members have the same function, ⁵so we, who are many, are one body in Christ, and individually we are members one of another. ⁶We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ⁷ministry, in ministering; the teacher, in teaching; ⁸the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

This is the word of the Lord,

All Thanks be to God.

GRADUAL HYMN (489)

1.From heaven you came, helpless babe,
entered our world, your glory veiled;
not to be served, but to serve,
and give your life that we might live.

*This is our God, the Servant King,
he calls us now to follow him,
to bring our lives as a daily offering
of worship to the Servant King.*

3.Come, see his hands and his feet,
the scars that speak of sacrifice,
hands that flung stars into space
to cruel nails surrendered.

*This is our God, the Servant King,
he calls us now to follow him,
to bring our lives as a daily offering
of worship to the Servant King.*

2.There in the garden of tears,
my heavy load he chose to bear;
his heart with sorrow was torn,
'Yet not my will but yours,' he said.

*This is our God, the Servant King,
he calls us now to follow him,
to bring our lives as a daily offering
of worship to the Servant King.*

4.So let us learn how to serve,
and in our lives enthrone him;
each other's needs to prefer,
for it is Christ we're serving.

*This is our God, the Servant King,
he calls us now to follow him,
to bring our lives as a daily offering
of worship to the Servant King.*

GOSPEL READING - *Matthew 16.13–20*

Alleluia, alleluia, alleluia.

My sheep hear my voice, says the Lord. I know them, and they follow me.

Alleluia, alleluia, alleluia.

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All **Glory to you, O Lord.**

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, ‘Who do people say that the Son of Man is?’ ¹⁴And they said, ‘Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.’ ¹⁵He said to them, ‘But who do you say that I am?’ ¹⁶Simon Peter answered, ‘You are the Messiah, the Son of the living God.’ ¹⁷And Jesus answered him, ‘Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. ¹⁸And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. ¹⁹I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.’ ²⁰Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

THE SERMON

THE NICENE CREED

Let us declare our faith in God, Father, Son and Holy Spirit.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen

PRAYERS OF INTERCESSION

In the power of the Spirit and in union with Christ, let us pray to the Father.

Lord in your mercy or Lord, hear us

All Hear our prayer . Lord, graciously hear us.

Merciful Father,

**All accept these prayers for the sake of your Son, our Saviour Jesus Christ.
Amen**

Almighty God, the fountain of all wisdom, you know our needs before we ask, and our ignorance in asking: have compassion on our weakness, and give us those things which for our unworthiness we dare not, and for our blindness we cannot ask, for the sake of your Son Jesus Christ our Lord.

All Amen

THE LITURGY OF THE SACRAMENT

THE PEACE

May the God of peace make you perfect and holy, that you may be kept safe and blameless in spirit, soul and body, for the coming of our Lord Jesus Christ.

The peace of the Lord be always with you

All and also with you.

Let us offer one another a sign of peace.

OFFERTORY HYMN

1. Dear Lord, to you again our gifts we bring,
this bread our toil, this wine our ecstasy,
poor and imperfect though they both must be;
yet you will take a heart-free offering.
Yours is the bounty, ours the unfettered will
to make or mar, to fashion good or ill.

2. Yes, you will take and bless, and grace impart
to make again what once your goodness gave,
what we half crave, and half refuse to have,
a sturdier will, a more repentant heart.
You have on earth no hands, no hearts but ours;
bless them as yours, ourselves, our will, our powers.

3. Break bread, O Lord, break down our wayward wills,
break down our prized possessions, break them down;
let them be freely given as your own
to all who need our gifts, to heal their ills.
Break this, the bread we bring, that all may share
in your one living body, everywhere.

4. Our lips receive your wine, our hands your bread;
you give us back the selves we offered you,
won by the Cross, by Calvary made new,
a heart enriched, a life raised from the dead.
Grant us to take and guard your treasure well,
that we in you, and you in us may dwell.

God of life, Saviour of the poor, receive with this money gratitude for your
goodness, penitence for our pride and dedication to your service
in Jesus Christ our Lord.

All All things come from you, and of your own do we give you.

THE EUCHARISTIC PRAYER

The Lord be with you

All and also with you.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

Father, we give you thanks and praise through your beloved Son Jesus
Christ, your living Word, through whom you have created all things; who
was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh; as your Son, born of the
blessed Virgin, he lived on earth and went about among us; he opened
wide his arms for us on the cross; he put an end to death by dying for us;

and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people.

And now we give you thanks because you are the source of light and life; you made us in your image and called us to new life in him.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory, Hosanna in the highest!

✠ Blessed is he who comes in the name of the Lord. Hosanna in the highest!

Lord, you are holy indeed, the source of all holiness; grant that by the power of your ✠ Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: *Take, eat; this is my body which is given for you; do this in remembrance of me.*

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: *Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.*

Let us proclaim the mystery of faith:

All Christ has died: Christ is risen: Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of the Blessed Virgin Mary, Alban the Martyr and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **Amen**

THE LORD'S PRAYER

Being made one by the power of the Spirit, and as our Saviour taught us, so we pray:

**All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever.
Amen**

THE BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

All Though we are many, we are one body, because we all share in one bread.

AGNUS DEI

Jesus, Lamb of God: have mercy on us.

Jesus, bearer of our sins: have mercy on us.

Jesus, redeemer of the world: grant us peace.

Or, if said:

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

GIVING OF COMMUNION

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

Everyone is welcome to come forward for the Eucharist or a blessing.

PRAYER AFTER COMMUNION

God of all mercy, in this eucharist you have set aside our sins and given us your healing: grant that we who are made whole in Christ may bring that healing to this broken world, in the name of Jesus Christ our Lord. **Amen**

All Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen

The Notices are given.

SENDING OUT

THE BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the ☩ Father, the Son, and the Holy Spirit, be among you and remain with you always.

All Amen

Go in peace to love and serve the Lord.

All In the name of Christ. Amen

FINAL HYMN (702)

During the hymn, the ministers depart.

1. Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us,
for we have no help but thee;
yet possessing every blessing,
if our God our Father be.

2. Saviour, breathe forgiveness o'er us:
all our weakness thou dost know;
thou didst tread this earth before us,
thou didst feel its keenest woe;
lone and dreary, faint and weary,
through the desert thou didst go.

3. Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,
pleasure that can never cloy:
thus provided, pardoned, guided,
nothing can our peace destroy.

CONTACT DETAILS

Vicar: The Reverend David Cloake 07729 944769 vicar@teddingtonparish.org

Associate Vicar: The Reverend Mary Hawes mary@teddingtonparish.org

Curates: The Reverend Joy Beauchamp 07511 765244 joy@teddingtonparish.org

The Reverend Sarah Rae 07952 118697 sarah@teddingtonparish.org

Churchwardens: Katherine Matthews katherine@teddingtonparish.org

Gareth Miller gareth@teddingtonparish.org

Email: hello@teddingtonparish.org

Socials: @teddingtonparish

Website: www.teddingtonparish.org

Call: 020 8943 2262

VOLUNTEER ROLES

Over summer, please pray for God's call upon you in one or more of the following:

Children's Church Leader and/or Helper
Sidesmen/Welcomers / Altar Servers
Social Media Contributor / Newsletter
Editor / Hon PCC Treasurer / Gardeners/
Grave Adopters / Coffee & Craft Helper

Training and any required checks will be provided - but speak to me in the first instance. With perhaps one exception, none demand previous experience, but rather a desire to learn and grow.

VISION 2031: DISCERNMENT QUESTIONNAIRE

Please keep your responses coming. Where do you feel St Mary with St Alban is called in the next few years? I invite you (and please talk to your children to present their thoughts too) to complete what you can; there is no pass or fail. I simply want to know what you think. This is a confidential questionnaire that doesn't require your name, but asks your candour and truth. Eventually, all responses (yes, all) will be published and form the basis of the PCC's next step of discernment and planning. The wider the range of 'voices' heard, the clearer the picture of God's purposes for us for the next few years.

Please scan this QR code, or paper copies are available at the back of church. I would ask for completed paper forms to be returned to me directly.

With my thanks & prayers

Fr David



WHILST ST MARY'S IS CLOSED

AND BUILDING WORKS CONTINUE

SUNDAY SERVICES SS PETER & PAUL CHURCH

THE PETER & PAUL CENTRE, BYCHURCH END, TEDDINGTON TW20 8PS

- 8am BCP Holy Communion
9am Morning Worship
10am Parish Eucharist (also livestreamed)
- Third Sunday of each month:
10am All-Age Eucharist (also livestreamed)

WEDNESDAY SERVICES MINA HOGAN ROOM

ST MARY'S PARISH HALL, LANGHAM ROAD, TEDDINGTON TW20 9HF

- 9.30am Said Eucharist
10.30am Church Mice Toddler Service
(re-starting September 2)

FOREIGN CURRENCY



Please keep your foreign notes and coins coming - drop the currency into an envelope for the plate on Sunday or into the Parish Hall letter-box at any time. And for Gift Aid, please add: name, house no. & postcode. Thank you. All proceeds to BA.

NEWSLETTER BUNDLING

Thursday 27 August. Your help is needed, please: 2.30pm, St Mary's Parish Hall, over a cup of tea/coffee and biscuits.

WHAT'S ON

visit www.teddingtonparish.org for more details

THE PARISH OFFICE WILL CLOSE FOR A FORTNIGHT FROM MONDAY 24 AUGUST, RE-OPENING MONDAY 7 SEPTEMBER

AUGUST:

MONDAY 24
COMMUNITY CAFÉ
1.30-4pm
Peter & Paul Centre

TUESDAY 25
FELLOWSHIP SOCIAL:
COFFEE
10.30am
Shambles Restaurant

THURSDAY 27
NEWSLETTER
BUNDLING
2.30pm
St Mary's Parish Hall

MONDAY 31
BANK HOLIDAY
COMMUNITY CAFÉ
1.30-3.30pm
Peter & Paul Centre

FIRST WEEK OF SEPTEMBER:

TUESDAY 1
MEMORY CAFÉ
1.30-3pm
Peter & Paul Centre

WEDNESDAY 2
FIRST WEDNESDAY
DISCUSSION GROUP
12.45-2.15pm
Mina Hogan Room
Topic: *Should the
British Prime Minister
"do religion"?*

WEDNESDAY 2
PINTS OF VIEW
from 8pm
unscripted
fellowship
Tide End Pub

THURSDAY 3
FELLOWSHIP SOCIAL
COFFEE
10.30am
On Zoom

SATURDAY 5
PARISH PLOD
9am
Wandle River

QUIZ NIGHT BOOKING NOW!

SATURDAY 14 NOVEMBER
QUIZ NIGHT
7pm
St. Mary's Parish Hall

SCAN
QR CODE
TO BOOK

Full Calendar

Harvest Hop

Quiz

GIVE TO SMWSA

To donate to this church please use the QR code or text "SMWSA give" to 07380307800 and follow the instructions. Thank you.

