

The Fifth Sunday after Trinity

Proper 9

5th July 2026



StMARYwithStALBAN
PARISH CHURCH of TEDDINGTON

THE GATHERING

PROCESSIONAL HYMN (532)

1. All creatures of our God and King,
lift up your voice and with us sing,
Alleluia, alleluia.
Thou burning sun with golden beam,
thou silver moon with softer gleam,
*O praise him, O praise him,
alleluia, alleluia, alleluia.*
2. Thou rushing wind that art so strong,
ye clouds that sail in heaven along,
O praise him, alleluia.
Thou rising morn, in praise rejoice,
ye lights of evening, find a voice;
Chorus
3. Thou flowing water, pure and clear,
make music for thy Lord to hear,
Alleluia, alleluia.
Thou fire, so masterful and bright,
that givest us both warmth and light:
Chorus
4. Dear mother earth, who day by day
unfoldest blessings on our way,
O praise him, alleluia.
the flowers and fruits that in thee grow,
let them his glory also show:
Chorus
5. Let all things their Creator bless,
and worship him in humbleness;
O praise him, alleluia.
Praise, praise the Father, praise the Son,
and praise the Spirit, Three in One;
Chorus

✠ In the name of Jesus who was born to be our Saviour, Christ the Lord,
we welcome you.

Grace, mercy and peace be with you

All and also with you.

The Children's Church leave for their worship.

PRAYER OF PREPARATION

All Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord.

Amen

PRAYER OF PREPARATION

**All Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord.
Amen**

PRAYERS OF PENITENCE

Jesus said: Before you offer your gift, go and be reconciled. As brothers and sisters in God's family, we come together to ask our Father for forgiveness.

God be gracious to us and bless us and make your face shine upon us:
Lord, have mercy.

All Lord, have mercy.

May your ways be known on the earth, your saving power among the nations:
Christ, have mercy.

All Christ, have mercy.

You, Lord, have made known your salvation, and reveal your justice in the sight of the nations:
Lord, have mercy.

All Lord, have mercy.

Almighty God, who forgives all who truly repent, have mercy upon you, ✠
pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.
Amen

GLORIA IN EXCELSIS – *The Addington Service by Richard Shephard*

All Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen

THE COLLECT FOR THE WEEK

The Collect is said after a short period of silence

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

THE LITURGY OF THE WORD

THE FIRST READING – *Zechariah 9.9–12, read by a member of the congregation*

⁹ Rejoice greatly, O daughter Zion!

Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;

triumphant and victorious is he,

humble and riding on a donkey,

on a colt, the foal of a donkey.

¹⁰ He will cut off the chariot from Ephraim

and the warhorse from Jerusalem;

and the battle-bow shall be cut off,

and he shall command peace to the nations;

his dominion shall be from sea to sea,

and from the River to the ends of the earth.

¹¹ As for you also, because of the blood of my covenant with you,

I will set your prisoners free from the waterless pit.

¹² Return to your stronghold, O prisoners of hope;

today I declare that I will restore to you double.

This is the word of the Lord,

All Thanks be to God.

THE SECOND READING – *Romans 7.15–25a, read by the subdeacon*

¹⁵ I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶ Now if I do what I do not want, I agree that the law is good.

¹⁷ But in fact it is no longer I that do it, but sin that dwells within

me. ¹⁸ For I know that nothing good dwells within me, that is, in my flesh. I

can will what is right, but I cannot do it. ¹⁹ For I do not do the good I want,

but the evil I do not want is what I do. ²⁰ Now if I do what I do not want, it is

no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. ²²For I delight in the law of God in my inmost self, ²³but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴Wretched man that I am! Who will rescue me from this body of death? ²⁵Thanks be to God through Jesus Christ our Lord!

This is the word of the Lord,

All Thanks be to God.

GRADUAL HYMN ⁽⁶⁶⁴⁾

1. How sweet the name of Jesus sounds
in a believer's ear!

It soothes our sorrows, heals our wounds,
and drives away our fear.

2. It makes the wounded spirit whole,
and calms the troubled breast;
'tis manna to the hungry soul,
and to the weary rest.

3. Dear name! the rock on which I build,
my shield and hiding-place,
my never-failing treas'ry filled
with boundless stores of grace.

4. Jesus! my Shepherd, Brother, Friend,
my Prophet, Priest, and King,
my Lord, my Life, my Way, my End,
accept the praise I bring

5. Weak is the effort of my heart,
and cold my warmest thought;
but when I see thee as thou art,
I'll praise thee as I ought.

6. 'Till then I would thy love proclaim
with every fleeting breath;
and may the music of thy name
refresh my soul in death.

GOSPEL READING - *Matthew 11.16–19, 25–end*

Alleluia, alleluia, alleluia.

I am the way, the truth, and the life, says the Lord. No one comes to the Father except through me.

Alleluia, alleluia, alleluia.

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

'But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,

¹⁷ "We played the flute for you, and you did not dance;
we wailed, and you did not mourn."

¹⁸For John came neither eating nor drinking, and they say, "He has a demon"; ¹⁹the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.'

At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶yes, Father, for such was your gracious will.²⁷All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden is light.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

THE SERMON

THE NICENE CREED

Let us declare our faith in God, Father, Son and Holy Spirit.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen

PRAYERS OF INTERCESSION

In the power of the Spirit and in union with Christ, let us pray to the Father.

Lord in your mercy or Lord, hear us

All **Hear our prayer**

Lord, graciously hear us

Merciful Father,

All **accept these prayers for the sake of your Son, our Saviour Jesus Christ.**

Amen

Almighty God, by your Holy Spirit you have made us one with your saints in heaven and on earth: grant that in our earthly pilgrimage we may ever be supported by this fellowship of love and prayer, and know ourselves surrounded by their witness to your power and mercy;

All **Amen**

THE LITURGY OF THE SACRAMENT

THE PEACE

Blessed are the peacemakers: they shall be called children of God. We meet in the name of Christ and share his peace.

The peace of the Lord be always with you

All **and also with you.**

Let us offer one another a sign of peace.

OFFERTORY HYMN (666)

1. I cannot tell why he, whom angels worship,
should set his love upon the sons of men,
or why, as Shepherd, he should seek the wanderers,
to bring them back, they know not how or when.

But this I know, that he was born of Mary,
when Bethl'em's manger was his only home,
and that he lived at Nazareth and laboured,
and so the Saviour, Saviour of the world, is come.

2. I cannot tell how silently he suffered,
as with his peace he graced this place of tears,
or how his heart upon the cross was broken,
the crown of pain to three-and-thirty years.
But this I know, he heals the broken-hearted,
and stays our sin, and calms our lurking fear,
and lifts the burden from the heavy-laden,
for yet the Saviour, Saviour of the world, is here.

3. I cannot tell how he will win the nations,
how he will claim his earthly heritage,
how satisfy the needs and aspirations
of east and west, of sinner and of sage.
But this I know, all flesh shall see his glory,
and he shall reap the harvest he has sown,
and some glad day his sun shall shine in splendour
when he the Saviour, Saviour of the world, is known.

4. I cannot tell how all the lands shall worship,
when, at his bidding, every storm is stilled,
or who can say how great the jubilation
when every human heart with love is filled.
But this I know, the skies will thrill with rapture,
and myriad, myriad human voices sing,
and earth to heaven, and heaven to earth, will answer,
at last the Saviour, Saviour of the world, is King!

God of life, Saviour of the poor, receive with this money gratitude for your
goodness, penitence for our pride and dedication to your service
in Jesus Christ our Lord.

All **Amen**

THE EUCHARISTIC PRAYER

The Lord be with you

All **and also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

It is indeed right, it is our duty and our joy, at all times and in all places to give
you thanks and praise, holy Father, heavenly King, almighty and eternal God,
through Jesus Christ your Son our Lord.

For he is your living Word; through him you have created all things from the
beginning, and formed us in your own image.

Through him you have freed us from the slavery of sin, giving him to be born
of a woman and to die upon the cross; you raised him from the dead and
exalted him to your right hand on high.

Through him you have sent upon us your holy and life-giving Spirit, and
made us a people for your own possession.

Through him you have sent upon us your holy and life-giving Spirit, and made us a people for your own possession.

And now we give you thanks because you are the source of light and life; you made us in your image and called us to new life in him.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and *saying*:

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory, Hosanna in the highest!

✠ Blessed is he who comes in the name of the Lord. Hosanna in the highest!

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your ✠ Holy Spirit these gifts of bread and wine may be to us his body and his blood;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: *Take, eat; this is my body which is given for you; do this in remembrance of me.*

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: *Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.*

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord.

Let us proclaim the mystery of faith:

All Christ has died: Christ is risen: Christ will come again.

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord.

Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

**All Blessing and honour and glory and power be yours for ever and ever.
Amen**

THE LORD'S PRAYER

Believing the promises of God, and as our Saviour taught us, so we pray:

All **Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.**

Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever.

Amen

THE BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

All **Though we are many, we are one body, because we all share in one bread.**

AGNUS DEI

Jesus, Lamb of God: have mercy on us.

Jesus, bearer of our sins: have mercy on us.

Jesus, redeemer of the world: grant us peace.

Or, if said:

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

GIVING OF COMMUNION

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

Everyone is welcome to come forward for Holy Communion or a blessing.

PRAYER AFTER COMMUNION

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. **Amen**

All Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen

The Notices are given.

SENDING OUT

POST-COMMUNION HYMN

1.O for a thousand tongues to sing
my dear redeemer's praise;
my dear redeemer's praise,
The glories of my God and king,
The triumphs of his grace! (x3)

2.Jesus! the name that charms our fears,
that bids our sorrows cease;
that bids our sorrows cease;
'Tis music in the sinner's ears,
'Tis life, and health, and peace. (x3)

3.He breaks the power of cancelled sin,
He sets the prisoner free;
he sets the prisoner free;
His blood can make the foulest clean,
His blood availed for me. (x3)

4.Look unto him, ye nations, own
Your God, ye fallen race;
Your God, ye fallen race;
Look, and be saved through faith alone,
Be justified by grace. (x3)

5.In Christ, our head, you then shall know
Shall feel, your sins forgiven,
Shall feel, your sins forgiven,
Anticipate your heaven below,
And own that love is heaven. (x3)

6.My gracious Master and my God,
assist me to proclaim;
assist me to proclaim,
and spread through all the earth abroad
the honours of your name. (x3)

THE BLESSING

May God, who in Christ gives us a spring of water welling up to eternal life, perfect in you the image of his glory; and the blessing of God almighty, the ✠ Father, the Son, and the Holy Spirit, be among you and remain with you always.

All Amen

Go in peace to love and serve the Lord.

All In the name of Christ. Amen

The ministers and people depart.

St. Mary with St. Alban

TEAS

TODAY

Margaret's Preserves

Sunday 5 July
12.30 - 4.30pm

Plain & Pearl
knit & natter
table

Honey Sale

in St. Mary's
Parish Hall

part of
Teddington Village Fair

TEDDINGTON VILLAGE FAIR



SUNDAY, 5TH JULY 2026
UDNEY HALL GARDENS

12:00PM - 5:30PM



For more details search for
Teddington Rotary to find our website
or use the QR code.

Rotary



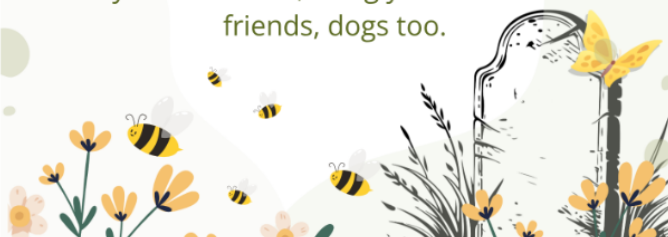
Teddington &
the Hamptons

CHURCHYARD DRINKS

TUESDAY 7 JULY
6-8PM

Come and celebrate with the
Churchyard Gardeners and Grave Adopters.
Chat over drinks & nibbles to find out more
and how you can join in.

Everyone welcome; bring your children and
friends, dogs too.



RIVER BLESSING SUNDAY 12 JULY

10am Parish Eucharist
SMWSA Church

followed by River Blessing and
celebrations from 11am
Manor Road Recreation Ground

Involving many River Groups, and the
RNLI Station open for tea & coffee.



GIVE TO SMWSA

To donate, please use the QR code or text "SMWSA give" to
07380307800 and follow the instructions. Thank you.

CONTACT DETAILS

Vicar: The Reverend David Cloake 07729 944769 vicar@teddingtonparish.org

Associate Vicar: The Reverend Mary Hawes mary@teddingtonparish.org

Curates: The Reverend Joy Beauchamp 07511 765244 joy@teddingtonparish.org

The Reverend Sarah Rae 07952 118697 sarah@teddingtonparish.org

Churchwardens: Katherine Matthews katherine@teddingtonparish.org

Gareth Miller gareth@teddingtonparish.org

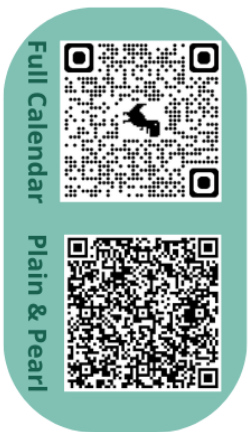
Email: hello@teddingtonparish.org

Socials: @teddingtonparish

Website: www.teddingtonparish.org

Call: 020 8943 2262

WHAT'S ON - JULY



 requires pre-booking

 church service

WEDNESDAY 1
FIRST WEDNESDAY DISCUSSION GROUP
 12.45-2.15pm
 Mina Hogan Room
Topic: ideas, wishes and plans for Building Anew's completion

WEDNESDAY 1
PINTS OF VIEW
 from 8pm
 unscripted fellowship in the Tide End Pub

NEW SUNDAY 5
TEDDINGTON VILLAGE FAIR
 12-5.30pm
 Udney Hall Gardens next to the Parish Hall

SUNDAY 5
CHURCH TEAS
 12.30-4.30pm
 as part of the Fair, along with sales of preserves, honey and *Knit & Natter* St Mary's Parish Hall

TUESDAY 7
CHURCHYARD DRINKS
 6-8pm
 SMWSA Churchyard

SUNDAY 12
RIVER SUNDAY
 10am SMWSA Church
 with parade after the service to the RNLI/Manor Road Recreation Ground for the 11am Blessing

TUESDAY 7,21
MEMORY CAFÉ
 1.30-3pm
 Peter & Paul Centre

THU & SAT 16,18
CHURCHYARD GARDENING
 10am-12noon
 SMWSA Churchyard

TUESDAY 14
PLAIN & PEARL Workshop
 7.30pm
 Mina Hogan Room

TUESDAY 28
FELLOWSHIP SOCIAL COFFEE
 10.30am
 Shambles Restaurant

WEDNESDAY 29
PLAIN & PEARL SOCIAL
 7.30pm
 St. Mary's Parish Hall

MONDAYS 6,13,20,27
COMMUNITY CAFÉ
 1.30-4pm
 Peter & Paul Centre

TUESDAY 14
FELLOWSHIP SOCIAL LUNCH
 12 Noon
 Piazza Firenze

MONDAY 20
BEREAVEMENT CAFÉ
 10-11.30am
 Peter & Paul Centre

THURSDAY 2
FELLOWSHIP SOCIAL COFFEE
 10.30am
 On Zoom

SATURDAY 4
PARISH PLOD
 9.30am
 Richmond Park

TUESDAY 14
CHORAL EVENSONG
 6.30pm
 SMWSA Church

SUNDAY 19
SMWSA Church

visit www.teddingtonparish.org for more details

Vicar: Revd. David Cloake: vicar@teddingtonparish.org
 email: hello@teddingtonparish.org
 call: 020 8943 2262

Church (SMWSA): St. Mary with St. Alban, Ferry Road, TW11 9NN
 Parish Hall, Mina Hogan Room, Balcony Room and Parish Office:
 St. Mary's Parish Hall, Langham Road, TW11 9HF
 Peter & Paul Centre: Church Road, TW11 1 8PS