

# The Second Sunday of Lent

16<sup>th</sup> March 2025



StMARY *with* StALBAN  
PARISH CHURCH of TEDDINGTON

## THE GATHERING

### PROCESSIONAL HYMN (587)

1. Amazing grace (how sweet the sound)  
that saved a wretch like me!  
I once was lost, but now am found,  
was blind, but now I see.

2. 'Twas grace that taught my heart to fear,  
and grace my fears relieved;  
how precious did that grace appear  
the hour I first believed!

3. Through many dangers, toils and snares  
I have already come:  
'tis grace has brought me safe thus far,  
and grace will lead me home.

4. The Lord has promised good to me,  
his word my hope secures;  
he will my shield and portion be  
as long as life endures.

5. Yes, when this flesh and heart shall fail,  
and mortal life shall cease:  
I shall possess, within the veil,  
a life of joy and peace.

6. The earth shall soon dissolve like snow,  
the sun forbear to shine;  
but God, who called me here below,  
will be forever mine.

✠ In the name of the Father, and of the Son, and of the Holy Spirit.

All **Amen.**

The Lord be with you.

All **and also with you.**

*The Children's Church leave for their worship.*

### PRAYER OF PREPARATION

All **Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord.**  
**Amen.**

### PRAYERS OF PENITENCE

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.' There is no other commandment greater than these. On these two commandments hang all the law and the prophets.

All **Amen. Lord, have mercy.**

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**All Amen. Lord, have mercy.**

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

**Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.**

Almighty God, who forgives all who truly repent, have mercy upon you, ✠ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

**All Amen.**

KYRIE ELEISON – *Setting by John Merbecke*

**Lord, have mercy upon us.** *(sung three times)*

**Christ, have mercy upon us.** *(sung three times)*

**Lord, have mercy upon us.** *(sung three times)*

THE COLLECT FOR LENT *The Collects are said after a short period of silence*

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**Amen**

## THE COLLECT FOR THE WEEK

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

## THE LITURGY OF THE WORD

### THE FIRST READING – *Genesis 15.1–12, 17–18, read by a member of the congregation*

After these things the word of the Lord came to Abram in a vision, 'Do not be afraid, Abram, I am your shield; your reward shall be very great.' <sup>2</sup>But Abram said, 'O Lord God, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?' <sup>3</sup>And Abram said, 'You have given me no offspring, and so a slave born in my house is to be my heir.' <sup>4</sup>But the word of the Lord came to him, 'This man shall not be your heir; no one but your very own issue shall be your heir.' <sup>5</sup>He brought him outside and said, 'Look towards heaven and count the stars, if you are able to count them.' Then he said to him, 'So shall your descendants be.' <sup>6</sup>And he believed the Lord; and the Lord reckoned it to him as righteousness.

Then he said to him, 'I am the Lord who brought you from Ur of the Chaldeans, to give you this land to possess.' <sup>8</sup>But he said, 'O Lord God, how am I to know that I shall possess it?' <sup>9</sup>He said to him, 'Bring me a heifer three years old, a female goat three years old, a ram three years old, a turtle-dove, and a young pigeon.' <sup>10</sup>He brought him all these and cut them in two, laying each half over against the other; but he did not cut the birds in two. <sup>11</sup>And when birds of prey came down on the carcasses, Abram drove them away. As the sun was going down, a deep sleep fell upon Abram, and a deep and terrifying darkness descended upon him.

When the sun had gone down and it was dark, a smoking fire-pot and a flaming torch passed between these pieces. <sup>18</sup>On that day the Lord made a covenant with Abram, saying, 'To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates,

This is the word of the Lord,

**All Thanks be to God**

THE PSALMODY – *Psalm 27*

- 1 The Lord is my light and my salvation; whom then shall I fear? ♦  
The Lord is the strength of my life; of whom then shall I be afraid?
- 2 **When the wicked, even my enemies and my foes,  
came upon me to eat up my flesh, ♦  
they stumbled and fell.**
- 3 Though a host encamp against me, my heart shall not be afraid, ♦  
and though there rise up war against me, yet will I put my trust in him.
- 4 **One thing have I asked of the Lord and that alone I seek: ♦  
that I may dwell in the house of the Lord all the days of my life,**
- 5 To behold the fair beauty of the Lord ♦  
and to seek his will in his temple.
- 6 **For in the day of trouble he shall hide me in his shelter; ♦  
in the secret place of his dwelling shall he hide me and set me high upon  
a rock.**
- 7 And now shall he lift up my head ♦  
above my enemies round about me;
- 8 **Therefore will I offer in his dwelling an oblation with great gladness; ♦  
I will sing and make music to the Lord.**
- 9 Hear my voice, O Lord, when I call; ♦  
have mercy upon me and answer me.
- 10 **My heart tells of your word, 'Seek my face.' ♦  
Your face, Lord, will I seek.**
- 11 Hide not your face from me, ♦  
nor cast your servant away in displeasure.
- 12 **You have been my helper; ♦  
leave me not, neither forsake me, O God of my salvation.**
- 13 Though my father and my mother forsake me, ♦  
the Lord will take me up.
- 14 **Teach me your way, O Lord; ♦  
lead me on a level path, because of those who lie in wait for me.**
- 15 Deliver me not into the will of my adversaries, ♦  
for false witnesses have risen up against me, and those who breathe out  
violence.

**16 I believe that I shall see the goodness of the Lord ♦  
in the land of the living.**

17 Wait for the Lord; be strong and he shall comfort your heart; ♦  
wait patiently for the Lord.

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.**

THE SECOND READING – *Philippians 3.17 – 4.1, read by the subdeacon*

Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. But our citizenship is in heaven, and it is from there that we are expecting a Saviour, the Lord Jesus Christ. He will transform the body of our humiliation so that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself.

Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

This is the word of the Lord,

**All Thanks be to God**

THE GOSPEL READING – *Luke 13.31–35*

Praise to you, O Christ, King of eternal glory. The Lord is a great God,  
O that today you would listen to his voice. Harden not your hearts

**All Praise to you, O Christ, King of eternal glory.**

✠ Hear the Gospel of our Lord Jesus Christ according to Luke.

**All Glory to you, O Lord.**

At that very hour some Pharisees came and said to him, ‘Get away from here, for Herod wants to kill you.’ <sup>32</sup>He said to them, ‘Go and tell that fox for me, “Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. <sup>33</sup>Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed away from Jerusalem.”<sup>34</sup>Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! <sup>35</sup>See, your house is left to you. And I tell you, you will not see me



Be with us, Lord, in all our prayers, and direct our way toward the attainment of salvation, that among the changes and chances of this mortal life, we may always be defended by your gracious help; through Jesus Christ our Lord.

**Amen**

## THE LITURGY OF THE SACRAMENT

### THE PEACE

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you

*All* **and also with you.**

Let us offer one another a sign of peace.

### OFFERTORY HYMN (135)

1. Take up thy cross, the Saviour said,  
if thou wouldst my disciple be;  
deny thyself, the world forsake,  
and humbly follow after me.

2. Take up thy cross: let not its weight  
fill thy weak spirit with alarm;  
his strength shall bear thy spirit up,  
and brace thy heart, and nerve thine arm.

3. Take up thy cross, nor heed the shame,  
nor let thy foolish pride rebel:  
thy Lord for thee the cross endured,  
to save thy soul from death and hell.

4. Take up thy cross then in his strength,  
and calmly every danger brave;  
'twill guide thee to a better home,  
and lead to victory o'er the grave.

5. Take up thy cross, and follow Christ,  
nor think till death to lay it down;  
for only they who bear the cross  
may hope to wear the glorious crown.

6. To thee, great Lord, the One in Three,  
all praise for evermore ascend:  
O grant us in our home to see  
the heavenly life that knows no end.

God of mercy and compassion, your Word calls us home to faith and love.  
Accept all we offer you this day; in the name of Jesus Christ the Lord. **Amen**

### THE EUCHARISTIC PRAYER

The Lord be with you

*All* **and also with you.**

Lift up your hearts.

*All* **We lift them to the Lord.**

Let us give thanks to the Lord our God.

*All* **It is right to give thanks and praise.**

It is indeed right, it is our duty and our joy, at all times and in all places to give you thanks and praise, holy Father, heavenly King, almighty and eternal God, through Jesus Christ our Lord.

And now we give you thanks because you give us the spirit of discipline, that we may triumph over evil and grow in grace, as we prepare to celebrate the paschal mystery with mind and heart renewed.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and *singing*:

**All Holy, holy, holy Lord God of hosts; heaven and earth are full of thy glory. Glory be to thee, O Lord most high.**

**✠ Blessed is he that cometh in the name of the Lord. Hosanna in the highest.**

*Or, if said:*

**All Holy, holy, holy Lord; God of power and might. Heaven and earth are full of your glory. Hosanna in the highest!**

**✠ Blessed is he who comes in the name of the Lord. Hosanna, in the highest!**

All glory be to you, our heavenly Father, who, in your tender mercy, gave your only Son our Saviour Jesus Christ to suffer death upon the cross for our redemption; who made there by his one oblation of himself once offered a full, perfect and sufficient sacrifice, oblation and satisfaction for the sins of the whole world; he instituted, and in his holy gospel commanded us to continue, a perpetual memory of his precious death until he comes again.

Hear us, merciful Father, we humbly pray, and grant that, by the power of your Holy Spirit ✠, we receiving these gifts of your creation, this bread and this wine, according to your Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: *Take, eat; this is my body which is given for you; do this in remembrance of me.*

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: *Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.*



Let us proclaim the mystery of faith:

**All Christ has died: Christ is risen: Christ will come again.**

Therefore, Lord and heavenly Father, in remembrance of the precious death and passion, the mighty resurrection and glorious ascension of your dear Son Jesus Christ, we offer you through him this our sacrifice of praise and thanksgiving.

Grant that by his merits and death, and through faith in his blood, we and all your Church may receive forgiveness of our sins and all other benefits of his passion.

Although we are unworthy, through our manifold sins, to offer you any sacrifice, yet we pray that you will accept this the duty and service that we owe. Do not weigh our merits, but pardon our offences, and fill us all who share in this holy communion with your grace and heavenly blessing; through Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

**All Amen.**

#### THE LORD'S PRAYER

Standing at the foot of the cross, and as our Saviour taught us, so we pray:

**All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

#### THE BREAKING OF THE BREAD

Every time we eat this bread and drink this cup,

**All we proclaim the Lord's death until he comes.**

#### AGNUS DEI

*O Lamb of God, that takest away the sins of the world, have mercy upon us.*

*O Lamb of God, that takest away the sins of the world, have mercy upon us.*

*O Lamb of God, that takest away the sins of the world, grant us thy peace.*

## GIVING OF COMMUNION

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you, but only say the word, and I shall be healed.**

*Everyone is welcome to come forward for Holy Communion or a blessing.*

## PRAYER AFTER COMMUNION

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. **Amen.**

**All Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

*The Notices are given, and Children's Church share their worship*

## SENDING OUT

### POST-COMMUNION HYMN

1. At the name of Jesus  
every knee shall bow,  
every tongue confess him  
King of glory now:  
'tis the Father's pleasure  
we should call him Lord,  
who from the beginning  
was the mighty Word.

2. Humbled for a season,  
to receive a name  
from the lips of sinners  
unto whom he came,  
faithfully he bore it  
spotless to the last,  
brought it back victorious,  
when from death he passed:

3. Name him, Christians, name him,  
with love strong as death,  
but with awe and wonder  
and with bated breath:  
he is God the Saviour,  
he is Christ the Lord,  
ever to be worshipped,  
trusted, and adored.

4. Surely, this Lord Jesus  
shall return again,  
with his Father's glory,  
with his angel train;  
for all wreaths of empire  
meet upon his brow,  
and our hearts confess him  
King of glory now.

## THE BLESSING

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

**All Amen.**




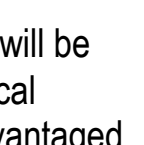

Go in peace to love and serve the Lord.






**All In the name of Christ. Amen**

*The ministers and people depart.*

**If you would like to make a donation to the church, thank you. Use**

## NOTICES


<p><b>Our intrepid Father David is taking to the skies!</b></p> <p><b>TONIGHT</b></p> <p><b>Bereavement Café</b> <b>Monday 17<sup>th</sup> March</b> 10.00-11.30am Peter &amp; Paul Centre</p> <p><b>Lent Course – The Blessed of the Lord</b></p>	<p>On Friday 30 May, suitably inspired by the wonder of Ascension, Father David will travel to Headcorn in Kent, climb to a height of 12,000 ft and jump out of a perfectly functioning plane. All for Building Anew. Please support him by giving what you can via the QR code.</p> <p>Choral Evensong at 6.30pm</p> <p><b>NEW</b> Our Bereavement Café will be launching at the Peter &amp; Paul Centre in association with Princess Alice Hospice. Please drop in from 10.00am to speak with trained people who understand. The café will run every third Monday of the month. All other café dates remain the same.</p> <p>You are still welcome to join the 2025 Lent Course exploring The Beatitudes. Use the relevant QR code to sign up to one or all of the session on Wednesdays until 9<sup>th</sup> April 11.00am – 12.30pm in the Mina Hogan Room or turn up on the day. The second session on Wednesday is titled Living Openly.</p>	<p>Parachute Jump </p>  <p>Lent course </p>
<p><b>Lent Lunch for Welcare</b> Sunday 23<sup>rd</sup> March 12noon St Mary's Parish Hall</p> <p><b>Lent Appeal</b></p>	<p>Use the QR code to book or call the Parish Office. Come along for a simple homemade meal. Bring a friend. You will be asked to donate what you can for your lunch with a range of local preserves on sale too. Welcare is a local charity helping disadvantaged families. Book via QR code or the sign up sheet.</p> <p>This year's appeal is for our linked Pemba parish who have suffered two cyclones in addition to the insurgency. It is right to support them, please commit to Pemba if you can. Follow the QR code to donate and make a difference. Thank you.</p>	 <p>Lent Appeal </p>

<p><b>2025 Full Electoral Roll Revision</b></p> <p><b>Please return your form by next Wednesday, 19<sup>th</sup> March</b></p> <p><b>You can do this online using the QR code, the form in this booklet, or one in church.</b></p> <p><b>Annual Parochial Church Meeting APCM 6<sup>th</sup> April</b> after 10.00am service</p> <p><b>Being a Parish Trustee Your parish needs YOU!</b></p>	<p>All previous roll information has to be deleted. Even if you have been on the roll before, has to complete a new form. As a member you can</p> <ul style="list-style-type: none"> <li>• vote in Annual Church Meetings and</li> <li>• become members of the Parochial Church Council</li> <li>• <u>For members with children who are approaching applications for school admissions</u>, the Electoral Roll will be the mechanism by which we will qualify your association with the parish. School Supplementary Forms will only be signed, therefore, for one or more parent listed on the Electoral Roll.</li> </ul> <p> Each qualifying member of your family should complete their own form. If you need help with the digital or paper form, please do not hesitate to ask Father David, Jennifer our Electoral Roll Officer, or staff in the parish office.</p> <p>At this meeting in the Parish Hall, we receive the PCC's Annual Report, form the new PCC and consider the year recently ended. All are welcome (and encouraged) to come along but only those entered on the new Electoral Roll can vote in the PCC elections.</p> <p>The parish is, in legal terms, a charity - and needs trustees to manage its business. Our new Parochial Church Council will be elected at the APCM. If you would like more information please speak to Father David or the Hon PCC Secretary, Nick de Mattos <a href="mailto:PCCSecretary@teddingtonparish.org">PCCSecretary@teddingtonparish.org</a>, for further information. You must be 16+ and need no particular experience.</p>
<p><b>Real Easter Eggs On sale</b></p>	<p>These eggs will be on sale after both 9.00am and 10.00am services. They include a 24 page Easter Story activity book. Each egg is £5.50</p>
<p><b>Social Media</b></p> <p>   </p> <p><b>Ask the Vicar</b></p>	<p>New handles are @Teddingtonparish. Sister Margaret Thomas has released new statistics showing an overall 599% increase in viewings on Social Media. This means a staggering extra 30,000 views on Instagram, 21,000 extra views on Facebook and 15,000 new views on TikTok. Do take a look.</p> <p>You may have seen Fr David answering questions from Children's Church on our social media channels. The Ask the Vicar box will remain at the back of church so anyone can add their questions.</p>
<p><u>Monday</u></p> <p><u>Tuesday</u></p> <p><u>Wednesday</u></p> <p><u>Thursday</u></p>	<p><b><u>Coming up this week</u></b></p> <p><b>Bereavement Café</b> 10.00am-11.30am Peter &amp; Paul Centre</p> <p><b>Community Café</b> 1.30pm-4.30pm Peter &amp; Paul Centre</p> <p><b>Memory Café</b> 1.30pm-4.30pm Peter &amp; Paul Centre</p> <p><b>Lent course</b> 11.00am Mina Hogan Room</p> <p><b>Churchyard Gardening</b> - 10.00am SMwSA</p>

**NEW** Princess Alice Hospice

# BEREAVEMENT CAFÉ

TEDDINGTON PARISH



*When?*  
Third Mondays, monthly  
10:00-11:30

*Where?*  
Peter & Paul Centre,  
Church Road,  
Teddington

[www.teddingtonparish.org](http://www.teddingtonparish.org)

in aid of Welcare

Join us for our

# LENT LUNCH

Sunday 23 March  
12 noon  
St. Mary's Parish Hall



for more information visit [www.teddingtonparish.org](http://www.teddingtonparish.org)

If you would like to make a donation to the church, thank you. Use the QR code or Text 'SMWSA give' to 07380 307800 and follow the instructions.



If you would like to give to Building Anew, thank you. Please use this QR code



We'd love to keep in touch!  
Scan the QR Code and we'll email you a copy of the Teddington Parish Newsletter each month.



Vicar The Rev'd David Cloake 07729 944769 [vicar@teddingtonparish.org](mailto:vicar@teddingtonparish.org)

020 8943 2262 [enquiries@teddingtonparish.org](mailto:enquiries@teddingtonparish.org)

[www.teddingtonparish.org](http://www.teddingtonparish.org)

    @TeddingtonParish

# Application for Enrolment on the Church Electoral Roll of the Parish of:

St Mary with St Alban, Teddington



**PLEASE SCAN THIS QR CODE TO APPLY TO JOIN THE ELECTORAL ROLL SECURELY ONLINE**

**Thank you.**



- or go to the website [www.teddingtonparish.org](http://www.teddingtonparish.org)
- or use this form to complete by hand and pass to clergy/parish office

Full Name.....

Preferred title (if any) .....

Postal Address .....

Postcode .....

Email address (optional) .....

## I declare that

**1** I am baptised, am a lay person and am aged 16 or over (or become 16\* on .....)

**2A** I am a member of the Church of England or of a Church in communion with the Church of England and am resident in the parish.

OR I am a member of the Church of England or of a Church in communion with the Church of England, am not resident in the parish, [but have

**2B** habitually attended public worship in the parish during the preceding six months] [and would have habitually attended public worship in the parish during the preceding six months but was prevented from doing so because .....]

OR I am a member in good standing of a Church which is not in communion with the Church of England but subscribes to the doctrine

**2C** of the Holy Trinity, am also a member of the Church of England [and have habitually attended public worship in the parish during the preceding six months] [and would have habitually attended public worship in the parish during the preceding six months but was prevented from doing so because .....].

**I declare that the above answers are true and I apply for inclusion on the Church Electoral Roll of the parish.**

Signed: ..... Date: .....

\* A person who is going to become 16 during the next 12 months may complete this Form and will then be eligible to have his or her name entered on the Roll on his or her 16th birthday.

## Notes for electoral roll

### General matters

1. The only Churches at present in communion with the Church of England are other Anglican Churches and certain foreign Churches, as listed in the Supplementary Material to the Canons.
2. Membership of the electoral roll is also open to members in good standing of a Church not in communion with the Church of England which subscribes to the doctrine of the Holy Trinity where those members are also prepared to declare themselves to be members of the Church of England.
3. Every six years a new roll is prepared and those on the previous roll are informed so that they can reapply.

Tick only one of 2A, 2B and 2C. If ticking 2B or 2C, delete either the first set of words in square brackets or the second set as applicable. If you are not resident in the parish but were on the roll as a habitual worshipper and have been prevented by illness or other sufficient cause from worshipping for the past six months, at the end of the second set of words in square brackets, briefly state the reason for not having worshipped as mentioned.

4. If you have any problems with this Form, please approach the clergy or lay people responsible for the parish, who will be pleased to help you.
5. In this Form 'parish' means ecclesiastical parish.

### Use of email addresses and other personal data

6. You do not have to provide an email address on this Form. If you do provide one, the Parochial Church Council and the electoral roll officer are entitled to use that email address to communicate with you in connection with the maintenance or revision of the Roll or the preparation of a new Roll or with elections to or membership of the Council.
7. The Church Representation Rules impose certain requirements for your name and address to be given to a third party, such as the diocesan electoral registration officer, in connection with elections to or membership of a deanery synod, diocesan synod or the House of Laity of the General Synod. If you provide an email address on this Form, it will be given to the third party along with your postal address.
8. A third party to whom your name and address have been given under the Church Representation Rules is in certain cases required by the Rules to pass them on to another person, such as the presiding officer in a synodical election. If you provide an email address on this Form, that email address will be given to the other person along with your postal address.
9. Any person to whom your email address or other personal data is given under the Church Representation Rules is required by those Rules to hold the data securely. Furthermore, if you do provide an email address on this Form, that does not give anybody the right to use it for any purpose other than those permitted by the Rules; so it cannot, for example, be used for social matters or fund-raising.
10. The roll is published after each annual revision and after the preparation of a new roll. The published roll will include your name (as well as the name of every other person on the roll) but none of your other personal data (as defined by the Data Protection Act 2018) will be made public as a result of your inclusion on the roll.

*Please find the parish's Privacy Notice relating to the processing of personal data governed by the General Data Protection Regulations (GDPR) for St Mary with St Alban on the website:*

[www.teddingtonparish.org/privacy-policy/](http://www.teddingtonparish.org/privacy-policy/)



# GIVE IT UP GIVE IT BACK

**swap a treat for a life-changing gift**

£4.50	skip your daily Starbucks	a week's clean water
£7	ditch one meal deal	a pack of exercise books
£15	pass on a takeaway	one child's clothes for school
£30	swap an Uber for the Tube	rebuilding materials
£50	say no to a round of drinks	emergency medical aid

**raising funds for Pemba**

In the last year we have heard several accounts of the tragedies that have been affecting our partner parish community in Pemba, Mozambique. The cyclones, the fighting over secular and religious elections, insurgents fighting over the oil.



Make Lent count. Give up. Give back.

[www.teddingtonparish.org](http://www.teddingtonparish.org)