WHAT'S ON IN JULY

Everything comes with an open invitation, and please bring a friend. Our website has all the details, and we look forward to seeing you there: www.teddingtonparish.org/whats-on

Monday 3	Award-Winning Teddington Community Café. Peter & Paul Centre (PPC). 1.30-4.30pm. Also on 10, 17, 23 & 31
Tuesday 4	Memory Café. PPC. 1.30-3.00pm. Also on 18
,	Eco-concerns Club. Mina Hogan Rm, St Mary's Parish Hall. 7.30pm
Wednesday 5	First Wednesday informal discussion group. Mina Hogan Rm, St Mary's
	Parish Hall. 12.45-2.15pm. Topic: <i>HasPress Freedom gone too far?</i>
Thursday 6	Parish Social: coffee. On Zoom. 10.30am
Saturday 8	Parish Plod. Continuing along the Thames Path: Rotherhithe to North
-	Greenwich
Tuesday 11	Parish Social: pub Lunch. Piazza Firenze Restaurant. 12noon
	Plain & Pearl social & craft group. Mina Hogan Rm, St Mary's Parish Hall.
	7.30pm.
Sunday 16	River Sunday Service. Beginning in SMwSA Church at 10.00am, then
	continuing at Manor Road Recreation Ground from 10.30am (see poster: p1)
Thursday 20	Churchyard Gardening. SMwSA. 10.00am. Also on 22
Tuesday 25	Pub Social: coffee. Shambles Restaurant. 10.30am

Goodbye Sarah

On Sunday 4th June, we had our chance to wish Sarah Williams all the very best as she leaves us after the completion of her ordination training. We have much to thank Sarah for. Over the



years she has set up both the Memory and Bereavement Cafés, served as a churchwarden, been a Church Mice leader, headed up our Parish Visiting Team and managed all the baptisms and baptism families too. She has been a good friend to many and we will miss her. Sarah celebrated her ordination on Saturday 24th June in Southwark Cathedral, our love and gratitude go with her. Carla Maroussas

Teddington Parish Information

CHURCH:	St Mary with St Alban, Ferry Road, TW11 9NN
<u>Associate Vicar:</u>	Rev Mary Hawes: mary@teddingtonparish.org 07967 701891
<u>Churchwardens:</u>	Carla Maroussas: carla@teddingtonparish.org Adam Woods: adam@teddingtonparish.org
HALL + PARISH OFFICE:	St Mary's Parish Hall, Langham Road, TW11 9HF 020 8943 2262
Hall Bookings Admin:	Nadia Prince: nadia@teddingtonparish.org
Church Services Admin:	Emma Castellani: emma@teddingtonparish.org
Operations Manager:	Suzanne Parker: suzanne@teddingtonparish.org
Newsletter Editors:	Julien Cozens, Penny Jones and Sue Stevens newsletter@teddingtonparish.org





St MARY *with***StALBAN** PARISH CHURCH *of* TEDDINGTON

Vicar's Viewpoint

'Are you off on holiday this year?' That phrase peppers most of the conversations I have at the moment. TV adverts remind me that it's not too late to bag a bargain break in Turkey, head off on a cruise, or get active at Center Parcs, and they tell me where I can

get my Factor 40 or Imodium (just in case!).

July and August are peak get-away months in England. We all feel the need for change – to escape the everyday (if only for a long weekend) and find some rest and refreshment from the daily grind of life. For some, it's refreshing the mind with new sights and sounds and experiences, for others it's refreshing the body with time to languish on a beach, by a pool or in nature.

But what about the inner being, our spirit? How is that refreshed alongside bodies and minds?

'Holiday' has its origins in the Old English *haligdæg* 'holy day, consecrated day, religious anniversary; Sabbath'. It was a day when work stopped to mark a Holy Day – a day with spiritual significance, giving a chance to refresh the spirit.

For some, meditation, yoga or being in nature offers the chance to consider the inner being. For Christians, prayer and being mindfully in the presence of God gives the opportunity for our souls and spirits to breathe – to be revived. It's as important as refreshment for our bodies and souls.

Every day, our church of St Mary with St Alban is open. Whatever your faith or beliefs, you are welcome to come and sit enjoy the quiet and cool that it offers. Give your inner being a few moments to settle in a place where prayer has been offered for centuries.

So whatever exciting plans you have for the summer, whether with family, friends or on your own, take a mini-holiday for your spirit as well – not just this month, but whenever you pass by. You will always be welcome. *Mary Hawes*

REGULAR SERVICES

- ~ Online service only;
- * In-person + livestreamed service

SUNDAYS:

8.00am Holy Communion 9.00am Morning Worship 10.00am Parish Communion*

MONDAYS – SATURDAYS:

8.30am Morning Prayer, on Zoom (Mon-Fri and 9am Sat)~

9.00am-5.00pm Church open for Private Prayer

6.00pm Evening Prayer, on Zoom (Mon-Thur and 5pm Fri-Sat)~

WEDNESDAYS:

9.30am Holy Communion 10.30am Church Mice Toddler Service Go to our website for further details: www.teddingtonparish.org



River Blessing Service SUNDAY 16th JULY

10.00am ~ Church Service

10.30am ~ River Blessing at Manor Road Recreation Ground

Along with many other local river organisations and clubs

National Month of Prayer for Toddler Groups

Reverend Mary Hawes and Cathy Randall attended the launch of the National Month of Praver for Parent and Toddler Groups at the Houses of Parliament on 1st June. It was an inspiring and joyful gathering of leaders of church-based toddler groups from all over the country, from Cornwall to Penrith. The Month of Praver is an annual ecumenical initiative to encourage prayer for these church groups which provide a safe space for babies, toddlers and their parents and carers to play, have fun, build community and experience the love of God in a tangible way. Mary was one of the speakers at the event, talking about how vital the years 0-5 are in a child's life and how often society overlooks them.



Our own baby and toddler group, Church Mice, runs in church every Wednesday at 10.30am throughout the year (except August). We begin with a short toddler-friendly, interactive service, and then get the toys and refreshments out for another 40 minutes of play and chat.

Please do come along. No booking required. *Cathy Randall*

Loving your Burial Ground

We enjoyed great weather, flowers in bloom and birds in song, as visitors of all ages came to the talks and tours during the week. Over 100 children from St Mary and St Peter's school, and Playwam nursery, spent fun time with a quiz and a talk on bees.

We hope that you, our local community, will respond to the opportunities offered to help care for, and further develop, this much valued green space. Graves can be adopted, volunteers can join the churchyard gardening team, or contributions can be made in cash or kind – we need two small notice boards, a flag pole, and a couple more benches.



The week was concluded with a service focusing on the history and significance of our churchyard, and the opportunity to respect our forebears, serve the current generation, and better care for God's creation. Afterwards the congregation gathered outside for coffee to enjoy this wonderful place. Please go to YouTube to see very special drone footage: https://youtu.be/nZ-dPd4ZRnM

Robin Field-Smith

St Paul's Cathedral praying for all of us in Teddington

On Saturday 27th May, we visited St Paul's for Evensong as all those living and working within the parish of Teddington were being prayed for.

The cathedral is very inspiring and the service was a memorable occasion. The choir's singing echoed round the dome, and remained for about five seconds at the end of the hymns. The sound of the organ could be felt through the wooden seats. My favourite part was when the clergy and servers first processed in. We sat in the rows the choir normally sits in. These seats gave a clear view of the procession, which was a wonderful sight. The cross was lifted up by the crucifer, with two members of the clergy either side, while the servers processed in and the choir sang. As they were standing there, light flooded in through the windows. I felt honoured to take part in the worship of God which has taken place in St Paul's for so many years. It was lovely to be in their prayers. Esme Goulbourn

Building Anew – Fundraising Appeal Launch

Over the coming months, we have much to share with you about the building project at St Mary with St Alban – 'Building Anew'. With Richmond Council granting planning permission for this long -awaited new development so we are now, excitingly, into the next phase.

This will involve many elements, not least raising the money needed to build it. Following preparation of a detailed initial cost plan by our Quantity Surveyor, and taking into account the funds already available, it has been confirmed that we need to raise £1 million.

We are currently putting together a team of fundraisers and will be launching our **Building Anew Fundraising Appeal at all our services on Sunday 23rd July.**

If you are not already aware, the overriding aim of this project is to make our beautiful and historic church fit for purpose in the 21 century and beyond. A description of the scheme is available on the parish website at: *www.teddingtonparish.org/building-anew*



East elevation showing the feature coloured-glass window on the theme of the resurrection

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The new facilities will mean we can offer afterservice refreshments on site, and, crucially, people will no longer have to cross a busy road in order to reach the toilets in the Parish Hall. This will be particularly helpful for the young, elderly and those who have travelled a long way to our church for a wedding, baptism or funeral.

The new multi-purpose meeting space – the Garden Room – will allow us to run Children's Church adjacent to our Sunday services and also provide an overflow space for the congregation at busy services via an audio-visual link to the church.

Weekday church and community uses such as bereavement courses, our toddler group, Bible study and baptism/marriage preparation evenings, will all benefit from this new building, and it will enable us to host more community activities in the church, including school educational visits, concerts and music groups, seminars and churchyard teas.

The new development has been designed to be fully accessible and sustainable. Ramps will enable access for all to every area of the church. Heating will be provided by a ground-source heat pump and there will be heat recovery in the ventilation system. The whole design prioritises the use of sustainable materials and will be extremely well insulated. A new digital organ will be installed to work better with our existing church's acoustics and produce top quality sound.

We are delighted that the Venerable Richard Frank, Archdeacon of Middlesex, will be leading our services on Sunday 23rd July to spearhead the launch of the appeal. Please come along and join us then.

If you would like to get involved in our fundraising or communications team in any capacity, large or small, we would love to hear from you! Please contact us at *future@teddingtonparish.org* or speak to a member of the clergy, or to me.

Steven Randall

Parish Registers

BAPTISMS – We welcome into Christ's Church: 16th April: Theodore 21st May: Theo 28th May: Matilda and Harry