



CORONAVIRUS COVID-19

If you are self-isolating, live locally to St Mary with St Alban, and are in need of support, we would love to help you.



StMARY *with* StALBAN

PARISH CHURCH *of* TEDDINGTON



**Cast all your anxiety onto the Lord,
because he cares for you.**

THE BIBLE - 1 PETER 5:7

Contact us at
care@teddingtonparish.org
or leave a message on
020 8943 2262

How we could help you:

- picking up shopping
- collecting urgent supplies
- a friendly phone call
- prayer
- other needs - just let us know

You can find more information at our website, **www.teddingtonparish.org** including online church services.



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FERRY ROAD, TEDDINGTON TW11 9NN