



StMARY*with*StALBAN



FAITH : PRAYER : GIVING

Lent Programme 2016

www.stmarywithstalban.org

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Pilgrim - A Course for the Christian Journey

Pilgrim is a major new teaching and discipleship resource from the Church of England. It aims to help every local church create a place where people can explore the Christian faith together and see how it can be lived out each day. Pilgrim takes a different approach to other Christian programmes. It approaches the great issues of faith not through persuasion, but participation in a pattern of contemplation and discussion with a group of fellow travellers. The course is designed to help you discover this Christian way of life. It unpacks the basic message and teaching of the Christian faith, and it shows you how to pray and how to live like Jesus. It does this in a way that is conversational. No one will force the pace.

'Happy are those whose hearts are set on the pilgrim way'

Psalm 84.5

COURSES ON OFFER:

Course Name: **The Creeds**

Date & Time: Wednesday 17th February-23rd March. 10.30am - 12noon

Led by: Rev. Joe Moffat & Rev. Gabby Thomas in the Mina Hogan Room

Contact: Parish Office

Course Name: **The Creeds**

Date & Time: Wednesday 17th February-23rd March. 8 - 9.30pm

Led by: Carla Maroussas & Adam Woods at a hosted home group.

Contact: carla.maroussas@gmail.com or adamswoods@gmail.com

Course Name: **The Beatitudes**

Dates & Time: 22nd Feb-4th April (exc 28th March) 8 - 9.30pm

Led by: Caroline Halmshaw and Ann Dix (Venue tbc)

Contact: carolinehalmshaw@gmail.com or a.dix@icloud.com

If you are interested in any of the courses above please contact the course organiser by email above. Alternatively for any questions and further details please contact the Parish Office - parishhall@stmarywithstalban.org or Carla Maroussas - carla.maroussas@gmail.com. 07980 305428.

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THURSDAY PRAYER SERVICES

February 25th 8pm at Ss Peter & Paul

PRAYER IN THE CELTIC TRADITION

The practices of Celtic Christianity have a strong sense of God's presence in creation and in human life. The Celtic tradition aims to celebrate God through all the senses, releasing creativity, respecting both women's and men's gifts and valuing contemplation. In this prayer service we will use one of the simple liturgies that are used by the community of Iona. The words will help us to reflect on the day that is closing, to give thanks to God for his goodness and prepare us for the days ahead.

March 3rd 8pm at St Mary with St Alban

PRAYER IN THE CONTEMPLATIVE TRADITION

Silence and stillness have always been a way into prayer. The Psalms attest to this: 'Be still and know that I am God' (Psalm 46) and 'On God alone my soul in stillness waits' (Psalm 62). This service will begin with some quiet words to lead you into a period of silent contemplation. It will finish with the ancient night-time service of Compline.

March 10th 8pm at Ss Peter & Paul

PRAYER WITH CONTEMPORARY MUSIC

A lot of contemporary church music seeks to provide a space for intimacy with God through prayer. This service will intersperse music with extempore prayer.

March 17th 8pm at St Mary with St Alban

SERVICE OF WHOLENESS & HEALING

From earliest times Christians have prayed for God's healing grace by offering the sacraments of the laying on of hands and anointing with oil. These are offered in this service in the context of a prayerful and reflective style of worship.

March 24th 8pm at St Mary with St Alban

MAUNDY THURSDAY SUNG COMMUNION WITH WASHING OF FEET

'On the day before he died he had supper with his friends'. We gather to share in the Last Supper, which includes the act of foot-washing, as Jesus offered his disciples. It finishes with the stripping of the altars and the Watch, a silent vigil to remember Jesus' prayer in the Garden of Gethsemane.

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LENT APPEAL 2016

The Bishop for London has asked us to support persecuted Christians in Iraq and Syria. Please consider giving generously to this appeal which will go to two reputable charities:

Open Doors is providing emergency food supplies and hygiene kits to almost 10,000 families every month in Syria.

In Iraq, Aid to the Church in Need is focusing on the urgent needs for housing, medicine and education which will enable the Church to maintain its Christian presence.

To donate please use our parish gift aid envelopes (yellow at St Mary with St Alban, pink at Ss Peter & Paul) and write 'Lent Appeal' on the top of the envelope (cheques made payable to 'St Mary with St Alban' or 'Ss Peter & Paul').

You can also give via the website www.give.net/lent16

Please see the separate green Lent Appeal leaflet from the diocese that are at the back of each church.

For more information, please visit: www.london.anglican.org/lentappeal